

In today's lean organizations, people are thrust into management with little preparation. Many times the attention to detail and perfectionism that was a positive at one level, drowns Managers at the next level up.

Course Results:

Managers will transition to the next level with less stress.

Managers will learn how to take care of themselves mentally and physically.

Managers will know how to make clear requests to get others to do the required work.

Managers will have a system for commitment management that works for them.

Managers will be more effective in less time.

Commitment and Delegation supports managers through the psychological transitions so they don't overwhelm themselves by dragging responsibilities from one level to the next.

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In this course, managers will learn to hone the skill of translating problems into requests and delegating rather than working longer themselves.

Managers will know what it takes to independently manage their health and well-being rather than expect others to "take care of them".

Participants will look at systems, both electronic and manual, for managing commitments from above as well as managing the commitments of their direct reports.



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