

# ADVANCED WOMEN MOVING FORWARD®

A special workshop open to graduates  
of Women Moving Forward®



Over 2 days, Advanced Women Moving Forward® will take you from where you ended up after Women Moving Forward® and move you further forward in both your person and work life.

## You will focus on the following areas:

- » Discovering or actualizing your **purpose in life**
- » How to lead a more **purposeful life** in your **current job/life**
- » How to use your intention to get the **results you want at work and in life**
- » Completing and making **new declarations about yourself**

Participants will be clear on how to use these areas so that their work will be more effective with a higher level of results and will be better able to motivate others from a deeper level of commitment.

Advanced Women Moving Forward® is the prerequisite to attending the Women's Leadership Retreat®.


Both the Women Moving Forward® workshops provided me with a network of women across multiple departments at Janssen and helped me to define my purpose; to grow myself into an influential leader. Even greater was the opportunity to identify and remove roadblocks that stand in my way.

– Sarah A.

Advanced Women Moving Forward® increased awareness of myself and areas that I was ready to let go of, but also those areas where I wasn't. Defining my purpose and developing relationships with the other women really served to make it a memorable experience.

– Amber M.

## COURSE RESULTS

-  Identifying your **purpose, goals** and **objectives** at this point in your life.
-  How to adjust your way of **dealing with work and relationships** to **live out your purpose** and **reach your goals**.
-  Completing the **next level of relationships** to **move on** in your work and life.
-  **Contributing to other women** like yourself and **being contributed to** by those women.