

ENABLING PURPOSE THROUGH RELATIONSHIPS[©]

This course teaches both what it takes to be on purpose and what real life skills are needed to create and maintain relationships in the very diverse, chaotic, world we live in.



The power of living on purpose is immeasurable and energizes every part of our lives. Most of us have had the experience of being “on purpose” where our life flows almost effortlessly, results are significant, and things just seem to “come together.” But what does it take to live that way all the time?

Mastery in relationships is critical in sustaining being on purpose. Living on purpose has to do with making a difference in people’s lives. Great results cannot be produced alone, we must have the skills to create and maintain relationships. When you are out to make a difference you will likely run into resistance and conflict. Our ability to resolve conflict in a way that preserves, or even enhances, relationships is crucial.

In this course you will learn:

- » How to clarify your purpose and recognize when you are on and off purpose.
- » How living on purpose gives meaning and context to your life and in all circumstances.
- » The skills of listening and presence, giving you the ability to create relationships rather than dependencies, and the ability to empower others rather than having to control development.
- » How to resolve conflict in a way that enhances relationships and commitment to resolution.
- » How giftedness effects how you see yourself and others, and reduces stress and misunderstandings.
- » How responsibly disclosing emotions creates relationships and reduces resistance.
- » How to integrate your successes into your self-esteem to build self-confidence.
- » How to build team/project/group purpose to add meaning and engagement to all activities, for all.

COURSE RESULTS



Sense of **satisfaction** in work and life



Change leadership style towards **relationship based management**



Build **strong, healthy, purpose based relationships** that create the foundation for a high performing culture that produces lasting results



Skills and context to **prevent burnout**



Gen Y's will feel the **company understands them** and what they need to **stay long term**.



Understand themselves better and be able to **read and understand others** more accurately