

WOMEN MOVING FORWARD®

This workshop deals with the issues confronting women. It will give you the ability to create the personal and professional environment necessary to make your skills effective and to put you in control of your career and your life.



This program has proven effective with every level of woman from vice president to technician across many different industries. All women need to overcome pictures of "how it is" and "how it ought to be," so that they can have their lives the way they WANT them to be.

The four major subject areas are:

- 1. Dealing with the issues of organizational structure and power.
- 2. Identifying your goals and objectives and those your company has for you.
- **3.** Enhancing your strategies to attain personal and professional goals.
- **4.** Sharpening your communications skills to increase the effectiveness of your management style.

I just never figured anything short of an earthquake could direct my life as much.

- Blue Cross, Blue Shield Sales Representative

I want to express my appreciation for what the course has provided me by way of support and a solid frame-work for creating goals and action plans in my work and personal life.

Andrea C. Zintz, Ph.D.
Human Resources, Johnson & Johnson Corporate

Each subject area will be covered through lecture, group exercises, individual exercises and participants sharing their experiences. It is the most confrontational and emotional workshop we offer.

The results have been unbelievable! Your course provided me with the information to jump by leaps and bounds!

Crystal Fisher
Vice-President Quality Assurance, Mary Kay Cosmetics

COURSE RESULTS



Help you to see how your **personal** and **professional** life **interact and affect each other**.



Help you to **move forward** in your organization and in life.



Assist you in being **responsible** for your own **growth** and **development**.



See how your own attitudes about yourself as a woman may have gotten in your way.



Enable you to use parts of this program in supporting other women and men.